

Upward Bound

The Turtle Mountain Community College Upward Bound Program at Belcourt, North Dakota is designed to generate in program participants the skills and motivation necessary to complete a program of secondary education and to enter and succeed in a program of postsecondary education. Program participants are high school students in academic potential and must be in need of career guidance.

Target Schools Served

Dunseith Public School, Dunseith ND
Rolette Public School, Rolette ND
Mt. Pleasant School District #4, Rolla ND
Turtle Mountain Community High School, Belcourt ND
Turtle Mountain Community Middle School, Belcourt ND
St. John Public School, St. John ND

Services Offered

Supplemental Academic instruction
Academic, Personal and Career Counseling
Workshops and Seminars
Tutoring
6 – Week Summer Session for Grades 9th-11th /College & High School Credits
Mentoring
Computer Assisted Instruction
Testing Preparation, Information and interpretation
Postsecondary Information and Exploration

Program Offices

Turtle Mountain Community College, RM 124
PO Box 340
Belcourt, ND 58316
(701) 477-7894 ext. 2062 or 2063

Student Information

Date of Application: _____

Name: _____ Sex: M / F

Address: _____ (email) _____

Home Phone: _____ Birthday: _____

Race: _____ U.S. Citizen: Y / N

High School: _____ Present Grade Level: _____

Social Security Number: _____

(This is required)

Parent/Guardian Information

Mother/Guardian's Name: _____

Father/Guardian's Name: _____

Parent/Guardian's Home Phone: _____

Address: _____

Employment: Mother/Guardian: _____ Phone: _____

Father/Guardian: _____ Phone: _____

Total Family Size (parents, children and adult dependents at home): _____

Educational Goals

_____ Complete High School

_____ Enroll in a vocational/technical school

_____ Enroll in a 1-2 year college program

_____ Enroll in a 4-year college

_____ Other Goals: _____

Date received in Upward Bound Office: _____

INCOME/EDUCATION VERIFICATION

Two of the basic eligibility requirements for participation in the Upward Bound Program are (1) that family taxable income falls within a certain range (variable depending on size of family); and (2) that parents do not have a four-year college degree. Students do not necessarily have to meet both criteria to participate in the program but both criteria need to be verified.

Please complete the following section that will enable us to verify a student's eligibility for Upward Bound.

Family Income Information

Total Taxable Income from Last Tax Year \$ _____
(from *Line 43 of Federal Income Tax Form 1040 or Line 27 of Form 1040 EZ*)

A copy of your federal income tax form is required for verification. Only the basic 1040 form is required. Additional schedules for deductions, etc. are not required. Please indicate below the status of your tax form. If tax forms are not available ask the Upward Bound staff about alternative methods of verification.

_____ Copy of federal tax form attached

_____ No federal tax return filed last year

Food Stamp Case Number: _____ AFDC (TANF) Case Number: _____

Children's names: _____

I certify that the above information is true to the best of my knowledge.

Parent/Guardian Signature

Date

PARENTS EDUCATIONAL BACKGROUND

Please indicate the highest educational level of both parents. Check only one

Mother's:

4 yr. College degree or Higher 2 yr. College Degree H.S. Diploma GED

Father's:

4 yr. College degree or Higher 2 yr. College Degree H.S. Diploma GED

I certify that the above educational information is true

Parent/Guardian Signature

Date

CERTIFICATION OF RELEASE OF RECORDS FROM SCHOOL

The personal information you give to the Upward Bound Program is sent to the federal government (Office of Education). The information is protected by the Privacy Act. No one may see the information unless they work with or for the Upward Bound Program or are specifically authorized to see the information. The information is necessary to determine if the student is eligible to participate in the program and helps the government to measure success. The Office of Education has authority to gather information to help make Upward Bound a more effective program. If you do not give this information to the Upward Bound Program and the Office of Education you cannot receive any benefits from the program.

I fully understand the above provision and hereby give my consent to have all pertinent data, including grade reports, evaluations, test scores, post secondary admission, financial aid and income verification forms forwarded to the Turtle Mountain Community College- Upward Bound Program for the duration of my son's/daughter's participation in program.

Date

Student Name

Date

Parent/Guardian Printed Name and Signature

PARENT CONTACT BOX (STAFF USE ONLY)

Date: _____

Contacted: _____

Upward Bound Staff Name and Signature: _____

Comments: _____

PERSONAL ESSAYS (STUDENTS AND/OR PARENTS)

Print or type a **minimum of one paragraph**. (5-7 sentences) on **each** of the following:

1. What are your favorite activities and/or hobbies? And why?
2. Discuss the school clubs, community activities or sports you are involved with and honors you have received?
3. Describe time conflicts you may have home obligations, school or church activities and Upward Bound. Consider the summer as well as the academic year.
4. Describe your (short term and long term) education/career goals?

UPWARD BOUND NEEDS SURVEY

Name: _____ School: _____ Date: _____

Directions: this survey contains a number of statements about student needs. Your answers will be helpful in determining future services offered through the Upward Bound program. Please give your honest opinion in responding to the statements. Put the appropriate number in the space provided to indicate whether you consider it to be one of your educational or personal needs.

1 --- I have a need

2 --- not sure

3 --- I do not have a need

- _____ I need to complete and hand in homework on more
- _____ I need to learn the importance of good grades and improve mine
- _____ I need to learn how to take better notes
- _____ I need to develop stronger study habits
- _____ I need to develop time management skills so I can balance all of my activities
- _____ I need to receive guidance in selecting academic courses
- _____ I need to learn how to read a textbook more effectively
- _____ I need to develop a better attitude toward learning
- _____ I need to receive to understand how courses I am taking relate to my career plans
- _____ I need to listen more effectively in class
- _____ I need to learn how to ask question that are clear and produce the answers I desire
- _____ I need to communicate more effectively with teachers
- _____ I need to learn to interact with teachers more effectively
- _____ I need to have better relationships with teachers
- _____ I need to better understand teachers
- _____ I need to know more about my strengths and weaknesses
- _____ I need to understand my interests, abilities and understand what I can really achieve
- _____ I need to know how to prepare for careers that interest me
- _____ I need to explore and learn how to prepare for careers related to my interests
- _____ I need to talk to people employed in my interest areas
- _____ I need to learn how to apply and interview for jobs
- _____ I need to be aware of employment outlook in my high interest areas
- _____ I need to talk to a counselor about career plans
- _____ I need to have my parents involved in my career plans
- _____ I need to develop a flexible career plan
- _____ I need to learn more about financial aid for college
- _____ I need to become more aware of educational opportunities after high school
- _____ I need to learn more about college admissions requirements
- _____ I need to understand the college application process
- _____ I need to decide which type of post secondary institution to attend
- _____ I need to experience more cultural activities
- _____ I need to become more familiar with people of other cultures
- _____ I need to talk to a counselor about personal concerns
- _____ I need to understand, accept and like myself better
- _____ I need to develop confidence in myself

UPWARD BOUND NEEDS SURVEY, continued

Directions: this survey contains a number of statements about student needs. Your answers will be helpful in determining future services offered through the Upward Bound program. Please give your honest opinion in responding to the statements. Put the appropriate number in the space provided to indicate whether you consider it to be one of your educational or personal needs.

1 --- I have a need

2 --- not sure

3 --- I do not have a need

- _____ I need to understand who I am and where I am headed
- _____ I need to understand how my feeling affect my behavior
- _____ I need to be more accepting of my personal appearance
- _____ I need to somebody to listen to me when I have problems
- _____ I need to learn to tell others how I feel
- _____ I need to be a better listener and respond better to others
- _____ I need to learn how to understand adults better
- _____ I need to become more accepting of others
- _____ I need to build trusting relationships with others
- _____ I need to know how to get along with members of the opposite sex
- _____ I need to develop friendships with both sexes
- _____ I need to become more tolerant with people whose views differ from mine
- _____ I need to get along better with my members of my family
- _____ I need to set, assess and evaluate goals in my life
- _____ I need to understand more about sex and love
- _____ I need to learn more about the use/abuse of drugs and alcohol
- _____ I need to understand the impact of sex and/or race on my career choice
- _____ I need to understand the changing roles and expectations of men and women
- _____ I need to accept greater responsibility for my actions
- _____ I need to learn how to make and evaluate my decisions
- _____ I need to learn better problem solving techniques

Thank you for your thoughtful and honest efforts in completing this Upward Bound Needs Survey

Students/Parents/Staff Responsibilities **TMCC Upward Bound Program**

Students who are accepted into the TMCC Upward Bound Program must take responsibility for their academic success during the academic year and summer UB program. Because parental involvement and support is critical, students' participation in Upward Bound is really a family activity. The family needs to understand that upward Bound is an academic, college preparatory program that operates year-round to provide ongoing personal and educational assistance to students. Students need to:

1. Attend School (scheduled classes, labs, etc.) regularly
2. Be enrolled in college preparatory courses each semester that will make them eligible for admission to state institutions of postsecondary education.
3. Maintain satisfactory academic progress in all classes and minimum GPA of 2.00
4. Meet regularly with UB staff when they visit their school during the school year.
5. Complete all monthly assignments, forms, career inventories, tests or other materials required by UB.
6. Attend UB activities and meeting during the school year
7. Attend and complete the six-week component held on the TMCC Campus.

Students who fail to comply with the students responsibilities or with the policies on the back of this contract, may have their stipends reduced or withheld, or may be dismissed from TMCC Upward Bound Program.

We have read the above stated student responsibilities and the policies and agree to jointly work toward the successful goals of completing high school and enrolling in college.

Date

Student Printed Name and Signature

Date

Parent/Guardian Printed Name and Signature

The TMCC Upward Bound Program will endeavor to provide the proper learning atmosphere, resources, educational activities and guidance, which combined with student motivation and effort, will enable students to improve their potential for successfully completing high school and enrolling in college.

Date

Upward Bound Staff Printed Name, Title and Signature

PERMISSION TO PUBLISH

While participating in the Upward Bound Program, students receive recognition and or awards for a variety of different activities. For this reason, we would like permission to publish their names and or photographs as part of the recognition for their outstanding work, i.e., web site, newsletter, local newspaper, etc., etc.

- _____ Yes, permission is granted for publication for the duration of the time that my son/daughter participates in the program.
- _____ No, permission is not granted for publication

CONSENT TO PARTICIPATE

I hereby certify that I give consent for my son/daughter _____ to participate in the TMCC Upward Bound Summer Program to be held at the TMCC, Belcourt, ND starting in June and ending in July. I understand the program covers the entire six weeks and he or she may also take part in the follow-up program that will be conducted in the school during the following school year.

I also grant my permission for him/her to take part in any off campus field trips, which are sponsored and supervised by Upward Bound staff. I also understand that the program is not held liable.

I also understand that the personal information that I give Upward Bound Program is sent to the United States Department of Education. The information is protected by the Privacy Act. No one may see the information unless they work with or for the Upward Bound Project or are specifically authorized to see the information. The information is necessary to determine eligibility and to measure your son's/daughter's success. The Department of Education has the authority to gather information to help the make Upward Bound a more effective program.

Date

Parent/Guardians Printed Name and Signature